



# BUDO-NORD CUP

Thursday 13 of May 2010

# LUGI JUDO CAMP

From Friday 14 to 16 of May 2010 inclusive

# KID'S JUDO CUP

Saturday 15 of May 2010

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Everything for the serious  
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## Budo-Nord Cup

### Participants year 2009

About 550 competitors.

### Weighing In Date

Wednesday 12 of May from 6:00 P.M. to 9:00 P.M.

### Competition Date

Thursday 13 of May 2010 at 9:00 A.M.

### Venue

Victoriastadion, Lovisastigen 2-4, Lund, Sweden.

### Rules

The competition will be conducted according to the Contest Rules, Organization Code and Sporting Code of the Swedish Judo Federation ([www.judo.se](http://www.judo.se)).

### Clarification of and Additional Rules

At the time of weighing in fee receipts must be presented.

From 28 of April up to 7 days before the event it is possible to change the weight category, preferably using e-mail, at a cost of 50 SEK or 5 EUR per change.

From 7 days before the event and there after it is possible to change the weight category, preferably using e-mail, at a cost of 100 SEK or 10 EUR per change.

If there are too few participants in a weight category, they will be moved to a higher weight and/or age class.

Golden Score will be used.

### Grade

A minimum of the 4th kyu is required for all the categories.

### Age Groups

Boys U15 13-14 years old

Boys U17 (Cadets) 15-16 years old

Girls U15 13-14 years old

Girls U17 (Cadets) 15-16 years old

Men U20 (Junior) 17-19 years old

Women U20 (Junior) 16-19 years old



### Weight Categories

Boys U15: -34, -38, -42, -46, -50, -55, -60, -66 and +66 kg.

Boys U17 (Cadets): -46, -50, -55, -60, -66, -73, -81 and +81 kg.

Girls U15: -32, -36, -40, -44, -48, -52, -57, -63 and +63 kg.

Girls U17 (Cadets): -44, -48, -52, -57, -63, -70 and +70 kg.

Men U20 (Junior): -55, -60, -66, -73, -81, -90, -100 and +100 kg.

Women U20 (Junior): -44, -48, -52, -57, -63, -70, -78 and +78 kg.

### Time Duration of Contest

Boys and girls 3 minutes

Men and women juniors 4 minutes

### Enter Fee

15 EUR or 150 SEK per competitor and category.



### Referees

Bring a referee at your own expenses! In compensation your club can enter **five competitors in the competition free of charge.**

Please inform us about the name of the referees and their ranking in the entry form.

**Please note: The referee must be of the high national standard.**



### Breakfast at the competition day

Breakfast is available in the morning 07:00 - 08:30 for 50 SEK or 5 EUR per meal. **Please book it on the entry form (It is not included in the camp fee)!**

## LUGI Judo Camp

### Participants year 2009

About 750 judokas.

### Date

From Friday 14 of May 2010 from 7:30 A.M. to Sunday 16 of May at 1:30 P.M. inclusive.

### Venue

Victoriastadion, Lovisastigen 2-4, Lund, Sweden.

### Invited Instructors

Peter Gardiner, 6 Dan, Great Britain

Tommy Mortensen, 6 Dan, Denmark

Chris Bowles, 6 Dan, Great Britain<sup>\*)</sup>

Pascal Locarini, 5 Dan, France

Martin Schmidt, 5 Dan, Germany

Sabine Lebbihi, 4 Dan, France

Carl Finney, 4 Dan, Great Britain<sup>\*)</sup>

Zoltan Barcsik, 3 Dan, Hungary

Michel Grant, 3 Dan, Sweden

Gabriel Bengtsson, 2 Dan, Sweden

Nuno Delgado, 2 Dan, Portugal

Mike Liptrot, 2 Dan, Great Britain

Maria Lindberg, 1 Dan, Sweden

Csaba Szilagyi, 1 Dan, Hungary/Sweden

<sup>\*)</sup> = preliminary

### Check-in

Thursday 13 of May 2010 at 6:00 P.M. to 8:00 P.M. and Friday 14 of May at 7:30 A.M. to 9:00 A.M.

### Age

Boys, girls, men juniors and women juniors from 10 years to 19 years old inclusive and women of all ages.

### Grade

A minimum of 5th kyu is required for all the categories.

### Camp Fee

1. 1,000 SEK or 100 EUR per judoka. All meals (8), training and all activities.
2. 900 SEK or 90 EUR per judoka. Five meals (5, no breakfast), training and all activities.
3. 750 SEK or 75 EUR per judoka. Training and all activities but without all meals.

4. 180 SEK or 18 EUR for a single training session.
5. 500 SEK or 50 EUR per responsible coach/leader/accompanying people. All meals (8) and all activities. Special price (age +20 years).

Separate meal coupons are available for 50 SEK or 5 EUR per meal.

Special discounts are available for larger groups over 10 people. **Please contact Michel Grant!**

### We proudly present



Bronze medal in Sidney Olympic Games (2000).  
Senior European Champion, Bratislava (1999).  
Senior European Vice Champion (2003).  
Vice Champion in the Moscow Grand Prix (2001).  
5th in the Birmingham World Championship, Great Britain (1999).  
5th in the Senior European Championship (2002).  
3rd in the University World Championship, Czech Republic (1998).  
Medals in six A tournaments and in three Super A tournaments, European Circuit.  
Senior National Champion six times.

## Kid's Judo Cup

### Participants year 2009

About 150 competitors.

### Competition Date

Saturday 15 of May 2010 at 12:00 A.M.

### Venue

Victoriastadion, Lovisastigen 2-4, Lund, Sweden.

### Rules

It is a very informal competition and will be conducted only partly according to the Contest Rules, Organization Code and Sporting Code of the Swedish Judo Federation ([www.judo.se](http://www.judo.se)).



### Clarification of and Additional Rules

"Floating Weight Classes" — Actual weight should be stated in the entry form. Correctness of the declared weight will be randomly checked during the competition day.

### Grade

A minimum of 4th kyu is required for all.

### Age Groups

Boys U13 11-12 years old

Girls U13 11-12 years old

### Weight Categories

The competitors will be split into groups based on their actual weight.

### Referees

The competition will be judged by the participating club coaches and referees.

### Time Duration of Contest

Boys and girls 2 minutes.

### Enter Fee

10 EUR or 100 SEK per competitor.

## Program for LUGI Judo Events

### Wednesday 12 of May

18:00-21:00 Weighing in for Budo-Nord Cup

### Thursday 13 of May

07:00-08:30 Breakfast (not incl. in the camp fee)

### 09:00-20:00 Budo-Nord Cup

18:00-20:00 Checking in for LUGI Judo Camp

### Friday 14 of May

07:00-08:30 Breakfast

07:30-09:00 Checking in for LUGI Judo Camp

### 09:00-10:30 Training for the youngest group

### 10:30-12:00 Training for the oldest group

11:30-14:00 Lunch

13:30-16:00 Free activities, swimming, climbing, sight-seeing etc.

14:00-16:00 Open for an extra activity

### 16:00-17:15 Training for the youngest group

17:15-17:45 Group picture of all participants

### 17:45-19:30 Training for the oldest group

18:30-20:30 Dinner

21:00-24:00 Film/video

### Saturday 15 of May

07:00-08:30 Breakfast

### 09:00-10:30 Training for the youngest group

### 10:30-12:00 Training for the oldest group

11:00-14:00 Lunch

12:00-15:00 Kid's Judo Cup

14:00-16:00 Reserve time

### 16:00-17:30 Training for the youngest group

### 17:30-19:30 Training for the oldest group

18:30-20:30 Dinner

21:00-24:00 Open for an extra activity

### Sunday 16 of May

07:00-08:30 Breakfast

### 10:00-12:00 Training all together

11:30-14:00 Lunch

14:00- The end, cleaning up and goodbye.

See you all next year



### Special food

If you need special food like allergy, vegetarian etc. you must inform us in advance on the entry form.

## Welcome!

We are pleased to invite you to the LUGI Judo Events 2010.

### More than 30 Years of Experience!

During more than thirty years the LUGI Judo Events have grown to a very popular and well-known judo institution in Europe. The events are unique since you can take part in so many various activities during the same weekend. **One-Stop-Judo-Shop!**



### LUGI Judo Camp

As usual we are inviting a world class team of well-known coaches. You will be taught judo by for example skilled instructors from Great Britain, Germany, Portugal, France, Denmark, Hungary and Sweden.

Do not miss this very special opportunity!

### Always All Time High!

Last year about 1,000 people took part in the judo events in Lund, Sweden. The participants came from France, the Netherlands, Germany, Finland, Hungary, Great Britain, Denmark, Poland, Norway and Sweden.

Regular visitors are also Switzerland and Belgium. Sometimes we even get visitors from such far places as New Zealand, Australia, Russia and USA.

### Visiting club coaches and leaders

We encourage all club instructors or leaders to take an active part in the activities on the mat during LUGI Judo Camp. This will give you a good opportunity to study and learn new judo techniques, moreover new ways to teach judo. It is a very superior method for bringing home "new stuff" to the club and you get a better value for your money.

### Insurance

Each entrant takes part at their own risk. Each National Federation and/or your own club is responsible for its judokas and must assume all responsibility for an accident and health insurance as well as the civil liabilities for their judokas and officials, including the nominated referees, during the events.



If you travel to Sweden for a short period you may, if you are a citizen in certain countries, be entitled to emergency medical treatment. The countries concerned depend on the agreements, which Sweden has signed. Contact the social insurance office well before departure and ask for the certificates you need. Your social insurance office will know the situation with regard the country, from which you are travelling, and for Sweden. If you cannot show a certificate, you may risk paying for your medical treatment in cash at the time of the treatment.



## Lodging

Where?	What?	Code	How much?
<b>Gymnasium</b>	On the floor in the sports hall	<b>G</b>	50 SEK or 5 EUR per person and night. <b>Do not forget to bring your own sleeping-bag and mattress!!</b>
<b>Fäladskolan</b>	On the floor in a school	<b>Fs</b>	
<b>Fågelgården</b>	A bed in a school	<b>Fg</b>	150 SEK per person and night incl. bed. <b>Bring your own linen!</b> 5 km from the sports hall, your own transportation is needed.
<b>Hotel Djingis Khan</b> www.djingskhan.se	Single room	<b>DK1</b>	790 SEK per person and night incl. breakfast.
	Double room	<b>DK2</b>	415 SEK per person and night incl. breakfast.
<b>Scandic Star Hotel</b> www.scandic-hotels.com/star	Single room	<b>S1</b>	670 SEK per person and night incl. breakfast.
	Double room	<b>S2</b>	395 SEK per person and night incl. breakfast.
	Triple room	<b>S3</b>	320 SEK per person and night incl. breakfast.
	Quadruple room	<b>S4</b>	285 SEK per person and night incl. breakfast.
<b>Alternative of your own</b>		<b>E</b>	Lund's Tourist Office. Telephone: Int.+46-46-35 50 40. www.lund.se.

### Please note!

All lodging G, Fg, DK and S must be booked through us to obtain our discounts (ordinary prices are much higher). Please book your lodgings as soon as possible since the numbers of beds are limited. Hotel Djingis Kahn is situated nearby. Scandic Star Hotel is situated about 3 kilometers from the sports hall (across the motorway in the direction to Dalby/east).

## Contact Information

### Telephone (English-speaking)

Michel Grant, +46 708-15 28 52  
 Czaba Szilagyi, + Hungarian, +46 704-85 70 07  
 Eddy Åberg, +46 706-59 65 00  
 Mechtild Tronnier, + German, +46 736-98 85 08  
 Kristiina Pekkola, + Finnish, +46 704-40 08 42  
 Office, +46 46-12 18 35  
 FAX (Office), Int.+46 46-211 83 43

### Postal Address (Office and Dojo)

LUGI Judoklubb, Bollhuset, Fasanvägen 2,  
 SE-227 32 Lund, Sweden.

### Electronic Mail

Michel Grant, michel.grant@lugijudo.org  
 Eddy Åberg, eddy.aberg@telia.com  
 Office, info@lugijudo.org

### Web Sites for more information

www.lugijudo.org (mainly English)  
 www.lugijudo.se (mainly Swedish)

### Payment

The payment should be made to LUGI Judo in

good time before Wednesday 28 of April.

Please note: We do not accept cheques.

Please send in your entry form and your payment as early as possible. We cannot make any reservations in advance for the food and lodging, if we have not received your payment.

### IBAN Number

Sparbanken Finn, Kyrkogatan 9, Lund, Sweden  
 Electronic format: SE199300000000031091291  
 BIC/Swift address: FINNSES1  
 Via BIC/Swift address: NDEASESS

### PlusGiro

LUGI Judoklubb  
 Account No. 63 14 44 -7

### Entry Form

The entry form should be completed and sent to LUGI Judo in good time before Wednesday 28 of April. It should contain complete information such as name, year of birth, weight class or actual weight, grade, fee code, type of lodging, dates of arrival and departure.